

Individually Strong, Collectively Stronger!

PSHE and RSHE			Year 2	
Term 2	Term 3	Term 4	Term 5	Term 6
Celebrating Differences:	Dreams and Goals:	Healthy Me:	Relationships:	Changing Me:
			_	LI: To recognise cycles
LI: To understand that people make assumptions about girls and boys. LI: To understand that bullying is sometimes about difference. LI: To recognise what is right and wrong and know how to look after myself. LI: To understand that it is ok to be different from other people and to be friends with them. LI: To list some ways I am different to my friends.	LI: To choose a realistic goal and think about how to achieve it. LI: To carry on trying (preserving, resilience) even when I find things difficult. LI: To recognise who it is easy for me to work with and who it is more difficult for me to work with. LI: To understand how to work well in a group. LI: To explain some of the ways I work well with my group. LI: To understand how to share successes with other people.	need to keep your body healthy. LI: To show or tell what relaxed means and know some things that make you feel relaxed and some things that make you feel stressed. LI: To recognise when a feeling is weak or strong. LI: To understand how medicines work in my body and how important it is to use them safely. LI: To sort foods into the correct food groups and know which foods my body needs every day to keep healthy. LI: To understand a healthy relationship with food and explain which foods you like the most. LI: To make some healthy snacks and explain why they are good for my body. LI: To understand which	different members of my family and to understand my relationships with each of them and know why it is important to share and co-operate. LI: To accept that everyone's family is different and that most people value their family. LI: To understand that there are lots of forms of physical contact in a family and that some of this is acceptable and some is not. LI: To identify which forms of physical contact you like and do not like and talk about this. LI: To identify some of the things that cause conflicts with my friends. LI: To use the positive problem-solving techniques to resolve conflicts with my friends. LI: To understand that	LI: To recognise cycles of life in nature. LI: To talk about the natural process of growing from young to old and understand that this is not in my control. LI: To recognise how my body has changed since I was a baby and where I am on the continuum from young to old. LI: To recognise the physical differences between girls and boys, use the correct names for parts of the body. LI: To understand fully that some parts of the body are private. LI: To understand there are different types of touch and can explain which ones I like and don't like. LI: To identify what I am looking forward to when I move to my next class.
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