

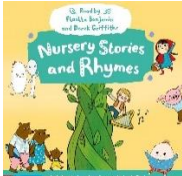





Physical Development			Nursery		
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
					
<b>My Nursery and I</b>	<b>Journeys &amp; Transport</b>	<b>Traditional Tales</b>	<b>Growth and Change</b>	<b>Amazing Animals</b>	<b>Let's Pretend</b>
<ul style="list-style-type: none"> <li>• Provide children with the opportunities to move freely in the outdoor area, navigating obstacles and choosing different ways of moving.</li> <li>• Children are given many opportunities to run, climb, hop, jump in the provision, especially with the equipment outdoors.</li> <li>• Children are taught how to use their strength and co-ordination to ride the bicycles within the outdoor setting.</li> <li>• Circle times about good hygiene by modelling how to wash hands using songs to support the children's routines.</li> <li>• Children to develop an understanding of the toilet routines using our bear.</li> <li>• Supporting and encouraging children with putting coats on and off providing opportunities for adults to teach strategies for this to increase independence.</li> <li>• Supporting and encouraging children to feed themselves at lunch time and clear away their food with increasing independence.</li> <li>• Developing the children's independence when taking care of their own needs and</li> </ul>	<ul style="list-style-type: none"> <li>• Provide children with the opportunities to move freely in the outdoor area, navigating obstacles and choosing different ways of moving.</li> <li>• Children are given many opportunities to run, climb, hop, jump in the provision, especially with the equipment outdoors.</li> <li>• Children are taught how to use their strength and coordination to ride the cars, scooters and bicycles within the outdoor setting, travelling in and out of obstacles around the environment.</li> <li>• Adults will continue to supporting and encouraging children with putting coats on and off, providing opportunities for adults to teach strategies for this to increase independence, including using zips too.</li> <li>• Developing the children's independence when taking care of their own needs, such as putting on an apron, coat, dressing up costume and understanding that they ask if they need support.</li> <li>• Provide fine motor opportunities including: tweezers, scissors, painting, woodwork and playdough to increase the children's manipulation and control of their fine motor ability, e.g. make a vehicle using dough or by cutting and gluing</li> </ul>	<ul style="list-style-type: none"> <li>• Provide children with the opportunities to move freely in the outdoor area, navigating obstacles and choosing different ways of moving. They will decide how the Gingerbread man can best cross the bridge (bench) without getting his feet wet.</li> <li>• Children are given many opportunities to run, climb, hop, jump in the provision, especially with the equipment outdoors. Adults will introduce new games to the children so they can build up their imaginative play.</li> <li>• Adults will continue to support and encourage children with putting coats on and off providing opportunities for adults to teach strategies for this to increase independence, when using zips too.</li> <li>• We will continue to provide fine motor opportunities including: tweezers, scissors, painting, woodwork and playdough to increase the children's manipulation and control of their fine motor ability, e.g. cutting out stick puppets, gingerbread men biscuits which they have decorated</li> </ul>	<ul style="list-style-type: none"> <li>• In PE, the children will develop their ability to move to music in dance lessons and improve their co-ordination and control of their bodies. We will also develop ball skills and continue to practise throwing and catching techniques.</li> <li>• Children will have opportunities to move freely in the outdoor area, navigating obstacles and choosing different ways of moving as well as using climbing equipment in various ways.</li> <li>• They will be provided with a range of gross motor equipment in which they will learn to carry safely and to plan what to use it for. They will also choose how to use this to travel across this if it is for climbing on.</li> <li>• We will be continuing to develop our name writing, letter formation and pen grip</li> <li>• We will revisit hygiene and the importance of handwashing, particularly after touching animals, caring for our Guinea pig.</li> <li>• We will learn more about oral hygiene when brushing our teeth in school.</li> <li>• We will learn about using equipment safely and why</li> </ul>	<ul style="list-style-type: none"> <li>• In PE, children will refine their ball skills and be able to catch a large ball. They will navigate obstacles and negotiate spaces with increasing control and ease.</li> <li>• In PE, the children will also explore athletic activities, such as running, throwing and jumping, while developing an understanding of fair play.</li> <li>• We will provide the children with the opportunities to move freely in the outdoor area, navigating obstacles and choosing different ways of moving, including as an animal, as well as using climbing equipment in various ways.</li> <li>• We will be continuing to develop our name writing, letter formation and pen grip to ensure children are increasing in control.</li> <li>• We will learn more about oral hygiene when brushing our teeth in school and understand how to brush our teeth to keep ourselves healthy.</li> <li>• We will learn about using equipment safely and why some things might be dangerous when playing.</li> <li>• We will develop our ability to put actions and</li> </ul>	<ul style="list-style-type: none"> <li>• In PE, the children will also explore athletic activities, such as running, throwing and using a bean bag in preparation for their sports day.</li> <li>• We will be continuing to develop our name writing, letter formation and pen grip to ensure children are increasing in control.</li> <li>• We will develop our ability to put actions and movement to new music we learn around the texts we read, using sequences and patterns.</li> <li>• The children will be encouraged to take part in small team activities, such as what's the time Mr Wolf, which they will eventually make up/initiate themselves.</li> <li>• We will also continue to develop confidence with dressing and undressing, such as putting dressing up costumes on.</li> <li>• During chasing game activities outside the children will practise avoiding obstacles (the monster/Gruffalo), changing speed and direction.</li> <li>• When building planks for Pirate Island, the new role play area, children assess risks when moving the</li> </ul>

## Individually Strong, Collectively Stronger!



English

<p>understanding that they ask if they need support.</p> <ul style="list-style-type: none"> <li>• Introduce fine motor opportunities including: tweezers, scissors, painting and playdough to increase the children's manipulation and control of their fine motor ability, e.g. make yourself using playdough or other art materials.</li> </ul>	<p>numbered cars to complete a matching activity.</p> <ul style="list-style-type: none"> <li>• Children will develop their scissor grip when cutting out their photo to add to their self-made passport.</li> <li>• Children will learn a range of songs, which they will match movements with, most of which they will apply and remember.</li> </ul>	<p>and when making the Gingerbread man out of wood using nails/ hammers to attach.</p> <ul style="list-style-type: none"> <li>• During our movement breaks and when chanting the story, we will move in a range of ways, such as hopping, skipping and standing on one leg. This will help the children remember the story.</li> <li>• We will use ladders to practise using alternate feet for climbing when climbing away from Mr Fox or Daddy bear.</li> </ul>	<p>some things might be dangerous.</p> <ul style="list-style-type: none"> <li>• We will continue to practise putting on our coats and pulling up the zip once it's been placed.</li> <li>• We will develop our ability to put actions to new music we learn around the texts we read, using sequences and patterns.</li> <li>• The children will be encouraged to take part in small team activities which they will eventually make up/initiate themselves.</li> </ul>	<p>movement to new music we learn around the texts we read, using sequences and patterns.</p> <ul style="list-style-type: none"> <li>• The children will be encouraged to take part in small team activities, which they will eventually make up/initiate themselves.</li> <li>• We will move around like different animals that live on land and under water. We will talk about how such exercise might change the way our bodies feel and what we might need to do to help regulate these changes.</li> <li>• We will also continue to develop confidence with dressing and undressing, such as putting dressing up costumes on.</li> </ul>	<p>equipment, ensuring they do it safely.</p> <ul style="list-style-type: none"> <li>• Children will begin to learn about contributors to good health, such as sleep, exercise etc. The children will continue to develop their confidence, precision and accuracy when playing ball game activities. They will use a range of equipment to support this.</li> </ul>
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