

Physical Development			Reception		
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>All About Me</b>	<b>Celebrations</b>	<b>Traditional Tales</b>	<b>Growth and Change</b>	<b>Animals</b>	<b>Fantasy and Make Believe</b>
<p>-Provide children with the opportunities to move freely in the outdoor area, navigating obstacles and choosing different ways of moving</p> <p>-Ensure children understand the importance of good hygiene by modelling how to wash hands, how to access toilets and importance of washing hands before snack times</p> <p>-Introduce weekly PE sessions followed by children changing into uniform with support from adults</p> <p>-Opportunities for children to develop fine motor skills through provision in the following ways: play-dough gym, threading beads and buttons, tweezing items, cutting shapes etc.</p>	<p>-Opportunities to move in a variety of ways, for example, as the Monkey King in the Diwali story.</p> <p>-Opportunities to practise fine motor skills, for example, by manipulating clay to make a Diya lamp and weaving to make a prayer mat.</p> <p>-Continued handwriting practise, to encourage correct pencil grip and letter formation.</p> <p>-Opportunities to discuss and practise good choices in regard to exercise, sleeping, eating and hygiene.</p> <p>-Continued discussions around practising appropriate safety measures within the classroom and outdoor area.</p>	<p>-Opportunities for children to discuss which porridge toppings are healthy and unhealthy and why, as well as other ways to keep our bodies healthy.</p> <p>-Opportunities to children to develop their fine motor skills through the creation of props, masks and houses.</p> <p>-Continue to engage in weekly PE sessions to improve gross motor skills.</p> <p>Continued handwriting practise, to encourage correct pencil grip and letter formation.</p> <p>Opportunities to discuss road safety around practising appropriate safety measures in preparation for our picnic.</p>	<p>-Opportunities for children to discuss which foods in <i>The Very Hungry Caterpillar</i> are healthy and unhealthy and why.</p> <p>-Continued opportunities to children to develop their fine motor skills through a range of activities, such as threading caterpillars using beads and string, using tweezers to count plastic frogs in a pond.</p> <p>-Continue to engage in weekly PE sessions to improve gross motor skills.</p> <p>-Continued handwriting practise, to encourage correct pencil grip and letter formation.</p>	<p>-Continued opportunities for children to discuss the healthy foods in 'Handa's Surprise' and how we know they are healthy.</p> <p>-Continued opportunities to children to develop their fine motor skills through a range of activities, such as making animal masks, threading friendship bracelets and building minibeast homes.</p> <p>-Continue to engage in weekly PE sessions to improve gross motor skills.</p> <p>-Continued handwriting practise, to encourage correct pencil grip and letter formation.</p> <p>-Opportunities to move in different ways through animal music.</p>	<p>-Continued opportunities for self-care through dressing self, using costumes in the role play area.</p> <p>-Continued opportunities to children to develop their fine motor skills through a range of activities, such as building castles, making costumes, creating playdough characters, etc.</p> <p>-Continue to engage in weekly PE sessions to improve gross motor skills.</p> <p>-Continued handwriting practise, to encourage correct pencil grip and letter formation.</p> <p>-Opportunities to move in different ways through story music.</p>