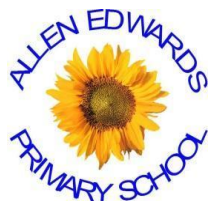


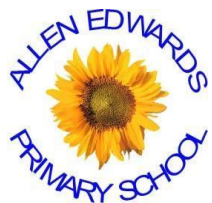
Individually Strong, Collectively Stronger!

PSHE and RSHE			Year 2		
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
 Being Me in My World: 1. LI: To identify some of my hopes and fears for this year. LI: To recognise when I feel worried and to know who to ask for help. 2. LI: To identify and understand the rights and responsibilities for being a member of the class and school. 3 + 4. LI: To listen to and share ideas about rewards and consequences. LI: To help to make my class a safe and fair place. 5. LI: To understand how following the Learning Charter will help me and others learn. LI: To work cooperatively.	 Celebrating Differences: 1+2. LI: To understand that sometimes people make assumptions about girls and boys. LI: To understand some ways in which boys and girls are similar and different. 3. LI: To understand that bullying is sometimes about difference. LI: To explain how someone who is bullied might feel. 4. LI: To recognise what is right and wrong and to know when and how to stand up for myself and others and who and how to seek help and support. 5. LI: To understand that it is ok to be different from other	 Healthy Me: 1. LI: To sort foods into the correct food groups and know which foods my body needs every day to keep healthy. LI: To understand a healthy relationship with food and explain which foods you like the most. 2. LI: To make some healthy snacks and explain why they are good for my body. 3. LI: To recognise hazards in my home, including fire risks and hot things and to know how to reduce risks and keep myself safe. LI: To recognise when I feel worried or unsafe and to know the importance of telling an adult straight away.	 Dreams and Goals: 1. LI: To choose a realistic goal and think about how to achieve it. LI: To describe things that I have achieved and say how that makes me feel. 2. LI: To know what I need to keep my body healthy. LI: To be motivated to make healthy choices that help me to reach my goals. 3. LI: To recognise who it is easy for me to work with and who it is more difficult for me to work with. 4. LI: To understand how to work well in a group to create an end-product or to solve problems.	 Relationships: 1. LI: To identify the different members of my family and to understand my relationships with each of them and know why it is important to share and co-operate. LI: To accept that everyone's family is different and that most people value their family. 2. LI: To understand that there are lots of forms of physical contact in a family and that some of this is acceptable and some is not. LI: To identify which forms of physical contact you like and do not like and talk about this. 3. LI: To identify some of the things that	 Changing Me: 1. LI: To recognise cycles of life in nature. LI: To understand that there are some changes that are outside my control. 2. LI: To talk about the natural process of growing from young to old and understand that this is not in my control. LI: To identify people I respect who are older than me. 3. LI: To recognise how my body has changed since I was a baby and where I am on the continuum from young to old. 4. LI: To recognise the physical differences between girls and boys, use the correct names for parts of the body.



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6. LI: To recognise the choices you make and understand the consequences.	people and to be friends with them. LI: To understand that we shouldn't judge people if they are different. 6. LI: To list some ways I am different from my friends and to understand that these differences make us all special and unique.	4. LI: To recognise risks and know how to keep safe around roads, railways, and water and to explain why safety rules help to protect me. LI: To recognise some of the feelings I get when something feels unsafe and to know ways to manage these to make a safer choice. 5. LI: To understand how medicines work in my body and how important it is to use them safely. 6. LI: To explain how to keep my body healthy and safe at home and when I'm out.	5. LI: To show or tell what relaxed means and to know some things that make me feel relaxed as well as some things that make me stressed. LI: To recognise when a feeling is weak and when a feeling is strong. 6. LI: To understand how to share successes with other people. LI: To explain how being part of a successful group feels.	cause conflicts with my friends. LI: To use the positive problem-solving techniques to resolve conflicts with my friends. 4. LI: To understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret. LI: To know how it might feel to be asked to keep a secret I do not want to keep and to know who to talk to about this. 5. LI: To recognise and appreciate people who can help me in my family, my school and my community. LI: To understand how it feels to trust someone. 6. LI: To express my appreciation for the people in my special relationships. LI: To be comfortable accepting appreciation from others.	LI: To understand fully that some parts of the body are private. 5. LI: To understand there are different types of touch and to explain which ones I like and don't like. LI: To develop confidence saying what I like and don't like and asking for help. 6. LI: To identify what I am looking forward to when I move to my next class and to start to think about changes that I might make in Year 3.
Whole school event links:					
Introductory Rights Respecting Schools afternoon	Anti-Bullying Week LI: To explore what bullying is, its effects	Children's Mental Health Week	Red Nose Day LI: To explore the consequences of	Culture Day LI: To celebrate the diverse range of cultures	Refugee Week LI: To explore the changes that refugees



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LI: To explore children's rights and how we can support children whose rights are not respected	and strategies to support myself and others. OutRight Campaign on World Children's Day LI: To explore how I can use my voice to create change	LI: To explore the links between physical and mental health and strategies that can support my wellbeing	poverty around the world and how charity and fundraising can help Aspirations Week LI: To talk with a range of adults about their jobs and reflect on my own aspirations for the future	that make up our school community	go through and how we can support and welcome them
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